

January 2022



The
Cottages
Assisted Living & Memory Care



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Happy New Year Message from CEO Mark Maxfield



Let me extend a great, big, hearty hello to all of you who find yourself reading this message from The Cottage's first newsletter of the new year. I hope your Christmas, New Year and whole entire Holiday season was everything you hoped it would be. Like me, I suspect you quietly made a few plans to yourself about how you 'hope' your 2022 will go. I say quietly because also like me, I suspect you made big and grand declarations of how your 2019, 2020, and then 2021 were going to pan out and perhaps you were let down in an epic fashion. Don't get me wrong, we experienced a lot of great things here at The Cottages during those years, and still managed to impact many lives for the better, but I also must admit in general, we've all experienced a rough couple of years. Looking back, we have had some incredible experiences, and learned a ton, but I'm ready to have a year where at the end of it, we all look back at it fondly. I sum it up best when I recall something a wise friend told me about what her Vietnam Veteran father once reminisced about the war. "It was a million-dollar experience that I wouldn't pay a nickel to do again." I think that accurately captures our 2020/2021. Not one to harbor on the negative for too long, let me state once again, that here at The Cottages, our incredible caregivers, administrators, office staff, and yes, family members all rallied together like never before and still delivered the absolute best in assisted living and witnessed some life changing experiences. That is why I, albeit tentatively, have nothing but the most positive outlook of which I am capable, that 2022 will yet prove to be another fantastic year filled fun, hard work, maybe a few disappointments and setbacks, but even more opportunities to make new friends, attain new goals, and still stay anxiously engaged in what I think is nothing short of the Lord's work. I'm talking about assisted living and memory care for the elderly. A calling that all of us here at The Cottages take extremely seriously! With a mission statement as simple yet enduring as "We Treat People Right", this drives us in all our decisions and interactions with everyone we meet. Thank you for this opportunity and thank you for the part you play in our lives. We love and appreciate you. So, here's to a new year, a new commitment, and indeed a new opportunity to do what we love. 2022! It's your year for the claiming. Now go make it a great one!

Resolutely yours,
Mark Maxfield, CEO



Adult Day Care & Respite

Would you or a loved one enjoy a safe and nurturing environment to spend the day—or even longer? We can help! The Cottages offers the best in assisted living and memory care for seniors in a beautiful, home-like atmosphere.

We provide:

- ◆ Home-cooked meals
- ◆ 24/7 supervision
- ◆ Friendly staff
- ◆ Stimulating activities
- ◆ Medication management
- ◆ Assistance with the activities of daily living

Contact

**The Cottages Assisted
Living at
(208) 475-1805**



We envision a community where people of all ages are treated right, by becoming the preferred employer, and provider of choice within the senior living experience



Faces of our Cottages Residents



Residents in **Middleton** enjoy a chilly but fun parade bus ride



Payette residents have a fun visit from carolers



Mt Home residents choose their favorite gift from Mt Home Hopes



Emmett enjoys visiting and celebrating a birthday



Boise keeps warm with beach ball drumming



Meridian residents enjoying the Christmas lights



Lochsa Falls residents wishing for some snow with this fun craft



Weiser put together a beautiful Christmas tree



Our Staff and Residents all had the Christmas Spirit

Celebrate The Cottages Employees



Everyday Hero Award



Everyday Heroes create a lasting and positive change through simple acts of kindness, courage, and love. One of our core values at The Cottages is Teamwork, and we celebrate those who embody this core value.



This month we acknowledge and send a big shoutout to our hero caregivers at The Cottages of Payette: Becca K. Sabine P, Celene V-R, Victoria V, and Shannon A.

These heroes took care of their residents while they were waiting for their new administrator. Even though they were short on staff, they covered for each other and made personal sacrifices to make sure there was always someone to take care of their sweet residents. They banded together as a team, knew what they were supposed to do, and got it done!

The culture they have created at their home and the collaboration they demonstrate is a model of what we would like to see everywhere. It's the Cottages Way!



The Cottages December Photo Contest

Each month, we pick a subject to photograph for our Cottages Monthly Photo Contest. The theme for December has been **Christmas Trees**. To find the perfect photo, the residents have had to be creative. They go on walks, golf cart rides, look within their own homes and go on weekly bus rides. The location with the most "likes" this month is **The Cottages of Meridian!** Congratulations!

Please see our Facebook page for all our contest submissions and pictures of other activities.

Theme for next month: Snowman

Facebook.com/TheCottages#!

We Celebrate our December Staff Anniversaries

Happy Anniversary to our staff who celebrated their Cottages anniversary in the month of December. We appreciate the hard work and loving care you give to our residents. We hope you share many more years with us.

*5 years	- Carla M.	Cottages of Boise
*3 years	- Brenda N.	Cottages of Weiser
2 years	- Rebecca K.	Cottages of Payette
2 years	- Susan M.	Cottages of Meridian
*1 year	- Kelsey M.	Cottages of Emmett

*Benchmark Anniversaries



5 Years

Carla M., Caregiver
The Cottages of Boise
We asked Carla why she enjoys working at The Cottages

"The Cottages has given me many opportunities to expand my knowledge and growth. I enjoy my time with my co-workers and residents as it fulfills my life."



3 Years

Brenda N., Caregiver
The Cottages of Weiser
We asked Brenda why she enjoys working at The Cottages. "I love working for The Cottages because the residents keep me going and inspire me. My co-workers make me smile and feel like I have another family. I enjoy taking care of the elderly and hope that I will have someone take care of me like I try to do with my residents."



1 Year

Kelsey M., QLC & Caregiver
The Cottages of Emmett

We asked Kelsey why she enjoys working at The Cottages.

"I like working at the cottages because I love the small, comforting, home-like atmosphere. The residents are able to receive more thorough and personalized care because of the tight-knit environment and all of the wonderful caregivers. I have made a bond with every single resident and love being able to spend time with them and get to know their background and amazing stories. I have also met some amazing caregivers that have expanded my knowledge on caregiving and taught me a lot since I've worked here. The Cottages are the best!"



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Eagle, ID 83616



Contact The Cottages:

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Executive Staff:

Mark Maxfield	Owner/CEO
Jocelyn Hughes	Chief Financial Officer
Jamie Wilson	Chief Administrative Officer
Dede Blancett	Chief People Officer

Home Office Staff:

Becky Jackman	Director of Sales & Marketing
Jeanne McCrary	Director of Fun

Locations:

Boise	208.853.1255
Emmett	208.365.9490
Lochsa Falls	208.229.9330
Meridian	208.288.2220
Middleton	208.585.5959
Mt. Home	208.580.1121
Payette	208.642.6199
Weiser	208.414.4200

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For puzzle answers, please contact Lisa at lisa@thecottages.biz



WINTER WORD SEARCH

BOOTS	HOT COCOA
MITTENS	HAT
ICICLE	SCARF
SNOWMAN	SNOWFLAKE
JACKET	FROZEN
PENGUIN	WINTER
SKIING	FIREPLACE
SLEDDING	SWEATER

Search the puzzle below to find the 16 winter related words.

J H I O E Z V V O H D D Y V J
X O F Q D M V F K J H S D F O
B T G G F I R E P L A C E R M
O C E V R I P G P X P A Z O F
O O S K I I N G R A E R H Z S
T C F C Z D M W Q Z N F A E L
S O L O L G P D D N G N T N E
P A F K M Y W W H W U R S V D
W Q U X U C U V D Y I S W R D
I S N O W F L A K E N N E J I
N C T Q T L K O P H K O A A N
T I I P W G X X R J F W T C G
E G E C M I T T E N S M E K O
R G E X L K Q G S Z T A R E P
H U D X G E W C Q H L N Z T N



WORD SCRAMBLE

Try and unscramble the 5 winter related words below.

RADIBZZL _____
OWROSSNTM _____
GNIEREFZ _____
OHT ETCCOHAL _____
ODLC _____