



Adult Day Care & Respite Care

Would you or a loved one enjoy a safe and nurturing environment to spend the day—or even longer? We can help! The Cottages offers the best in assisted living and memory care for seniors in a beautiful, home-like atmosphere. We provide:

- ◆ Home-cooked meals
- ◆ 24/7 supervision
- ◆ Friendly staff
- ◆ Stimulating activities
- ◆ Medication management
- ◆ Assistance with the activities of daily living

Contact
The Cottages Assisted Living at
(208) 475-1805



We envision a community where people of all ages are treated right, by becoming the preferred employer, and provider of choice within the senior living experience



Resident Spotlight

Meet Kenneth Lake, The Cottages of Emmett

In 1958, Sally was a Junior in high school and Ken a Senior. They lived about 20 minutes apart, but attended the same high school in Delta, Utah. Sally was up the road in Leamington, Utah. Ken had a crush on Sally and told her cousins he was going to drive up to meet her at roadshow practice at the church. When Ken arrived at the church that evening, they ended up sitting in his car and enjoyed talking with each other. They started dating shortly after that.

Ken graduated and went off to college as Sally finished high school. He decided to attend trade school and take diesel mechanics courses. After she graduated, Sally worked at Beneficial Life in Salt Lake City. They were married on November 6, 1959, in the LDS Temple in Salt Lake City. They have six children, four boys and two girls. Their favorite was always their daughter, Tracie Lynn.

Ken went to work for the telephone company and in 1979 became a supervisor over three states in the Southwest. They made their home in Taylor, Arizona for several years. The Lake's enjoyed the area and loved the people. Ken travelled a lot, but they still raised their children together. This time was a joy, and they loved their home and had many friends. Ken decided to move back to Utah, and boy oh boy was Sally mad at this decision. In the end, it was a blessing as Sally and Ken ended up being able to help her mom and both of Ken's parents as they got older.

Ken had retired from the phone company in Arizona but went back to work for them in Utah for a few years. They bought 180 acres and farmed, raised cattle, and became fans of basset hound dogs. The couple was busy with the farm and at this time also received the privilege of raising their grandson Joshua as his mom was ill with MS. Josh graduated from high school, went on an LDS mission, then back to college. During this time Ken and Sally decided to sell the farm, Ken had retired from the phone company, so now, they just had each other, and they truly enjoyed it. Ken had always been Sally's love and Ken cared for Sally when she was very ill. Now, Sally can be with him in his time of need. Ken is her honey and shows her love all the time. Love grows from doing things together and knowing that there will be tough times but working through them. Sally can truly say she loves him more than when she married him, and Ken loves Sally deeply and would be lost without her.



Faces of our Cottages Residents



Payette and Meridian residents enjoy making a joyful noise with their beach balls and drumsticks



Weiser and Boise residents also join in the drumming



Emmett residents made pinecone bird feeders and took advantage of the sunny day to hang them outside

The residents at Lochsa Falls enjoy the sun and a little exercise

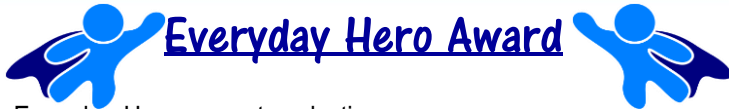


Middleton residents enjoying everything green on St. Patrick's Day



These Mt Home ladies enjoy their St. Patrick's Day celebration! Love these happy faces!

Celebrate The Cottages Employees



Everyday Heroes create a lasting and positive change through simple acts of kindness, courage, and love. One of our core values at The Cottages is Teamwork, and we celebrate those who embody this core value.

This month we would like to acknowledge and send a big shoutout to Alinah Stelly at The Cottages of Middleton. We received this from a family member, "Alinah treats my father and the other residents as if they are family. She always has a smile on her face and makes residents smile. All of the employees in Middleton are wonderful, but Alinah's personality makes my wife and I feel like my dad is with family. That is super important to us and we are extremely thankful for Alinah."

Thank you, Alinah, for exemplifying our mission statement, We Treat People Right! You are this month's Everyday Hero!



The Cottages March Photo Contest

Each month, we pick a subject to photograph for our Cottages Monthly Photo Contest. The theme for March has been **Luck of the Irish**. To find the perfect photo, the residents have had to be creative. They go on walks, golf cart rides, look within their own homes and go on weekly bus rides. The location with the most "likes" this month is **The Cottages of Emmett!** Congratulations!

Please see our Facebook page for all our contest submissions and pictures of other activities.

Theme for April: Easter Hats

Facebook.com/TheCottages#!

We Celebrate our March Staff Anniversaries

Happy Anniversary to our staff who celebrated their Cottages anniversary in the month of March. We appreciate the hard work and loving care you give to our residents. We hope you share many more years with us.

16 years	-	April B.	Cottages of Weiser
*1 year	-	Colleen F.	Cottages of Mt Home

*Benchmark Anniversaries



Colleen Few 1 Year Anniversary The Cottages of Mt Home

We asked Colleen for her why.

"I love The Cottages! To me, it's not a job, it's taking care of family and that means the world to me. What can I say? I love the residents and plus I have the honor to cook the yummiest foods for them. I enjoy everything I have the opportunity to do for my little family."



Congratulations to our Centurian, Helen L. from The Cottages of Mt. Home

spring word search



Word Bank

BUD	WINDY	MARCH	MAY	EASTER	PASSOVER
BUTTERFLY	RAIN	APRIL	BEE	TULIP	FLOWER

Contact The Cottages:

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Executive Staff:

Mark Maxfield	Owner/CEO
Jocelyn Hughes	Chief Financial Officer
Jamie Wilson	Chief Administrative Officer
Dede Blancett	Chief People Officer

Home Office Staff:

Becky Jackman	Director of Sales & Marketing
Jeanne McCrary	Director of Fun

Locations:

Boise	208.853.1255
Emmett	208.365.9490
Lochsa Falls	208.229.9330
Meridian	208.288.2220
Middleton	208.585.5959
Mt. Home	208.580.1121
Payette	208.642.6199
Weiser	208.414.4200

www.TheCottages.biz

Facebook.com/TheCottages#!

For puzzle answers, please contact Lisa at lisa@thecottages.biz