### June 2022



The

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Assisted Living & Memory Care

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## Adult Day Care & Respite Care

Would you or a loved one enjoy a safe and nurturing environment to spend the day—or even longer? We can help! The Cottages offers the best in assisted living and memory care for seniors in a beautiful, home-like atmosphere. We provide:

- Home-cooked meals
- 24/7 supervision
- Friendly staff
- Stimulating activities
- Medication management
- Assistance with the activities of daily living

Contact The Cottages Assisted Living at (208) 475-1805



We envision a community where people of all ages are treated right, by becoming the preferred employer, and provider of choice within the senior living experience

### Resident Spotlight Lloyd Anderson, The Cottages at Lochsa Falls

Lloyd was born in Arizona. He has lived in Arizona, Nevada, California, Washington, and now Idaho.

Lloyd always looked forward to attending school. He never complained or played hooky. He played Little League baseball as a first baseman, outfielder, pitcher, and mostly catcher during his pre-teen years. He also joined AYSO soccer and with perseverance he lettered as the goalie on his high school team his first year.

He was a Cub Scout and then became a Boy Scout. At the age of fourteen, he completed all of his requirements and was awarded the Eagle Scout Award. He loved both outdoor and indoor activities where he excelled in skiing, hiking, camping, canoeing, and learning leadership skills. Lloyd's younger brother Mark, and his dad camped and hiked the High Sierras several times. He completed both 50-mile hikes and 50-mile river trips. In one case we pitched our tents on a snow-covered hillside at dusk.

Lloyd is a gentleman-he strives to be well groomed, happy, and make plenty of friends. He has a good memory for names of people he has met and enjoys reminiscing about experiences with others. It was no surprise to me when he recently reminded me of his friend Dirk, one of his first friends he played with in Arizona when he was 4 years old.

Lloyd attended Magnet School Programs in both Elementary and Junior High School in Southern California. These programs are for students who have the potential to excel in academics. He was able to study classes that included Aircraft Design, Meteorology, Landscape Architecture, and also all the basic academics.

Lloyd learned to ski at Brian Head in Utah. In later years he often skied in Mammoth, CA and occasionally in Sun Valley, ID.

Unfortunately, Lloyd suffered a Traumatic Brain Injury at age 15 when he was struck by a pick- up truck while riding his bike. Lloyd recovered enough to return to high school and then graduate with the use of an electronic wheelchair. He continued his studies and graduated with a two-year, AA degree in Liberal Arts from LAVC.

Lloyd is one of the most positive thinking people that you will meet. His positive attitude is a virtue and others often welcome and admire the quality by trying to replicate his positive attitude. He comes to breakfast with a wonderful smile and good morning greeting. A "thank you" is usually offered by Lloyd after someone has helped him.

He has lived in Idaho for 5 years. Lloyd is proud to be an Idahoan and has adjusted well to living at The





Cottages at Lochsa Falls. With his natural preference to be courteous, he enjoys all types of people for who they are. Lloyd, with his sense of humor and sharing, has made many friends with the caregivers and residents at Lochsa Falls.

# Faces of our Cottages Residents



Residents in Emmett enjoying decorating name tags for their own doors



Residents in Payette celebrating Moms with a Mother's Day Tea



Reuben and Freida, brother and sister in Weiser, enjoy the family bbq



Meridian residents relaxing to the music



Mt Home ladies working on their bowling skills

Ladies at Lochsa Falls decorating and eating spring cookies



Boise residents pose in front of The Cottages sign while out for a walk



Middleton Queen Bee Mothers have their Mother's Day Tea



## Faces of our Cottages Staff

### Meet our Peer Leaders



Some of you may recognize Heather Pinson and Nicole Ellis as building administrators if you have visited our Meridian or Middleton homes. Nicole and Heather were recently promoted to the role of peer leaders. This is a new position for The Cottages. The role of peer leaders is to provide support, training and guidance to our team of administrators. With a wealth of knowledge and practical experience, Heather and Nicole help promote the culture of The Cottages and help us standardize practices and do our best work!

Make sure you say "hello" to them when you see them at our homes.



#### The Cottages May Photo Contest

Each month, we pick a subject to photograph for our Cottages Monthly Photo Contest. The theme for May was **Military Appreciation** and The Cottages of Mt Home used one of their own, James Burnett a decorated Viet Nam Veteran, for their submission. James passed away the first part of May. We miss him and we are so grateful for his service

Please see our Facebook page for all our contest submissions and pictures of other activities.

Theme for June: Summer Fun

Facebook.com/TheCottages#!

## We Celebrate our May Staff Anniversaries

Happy Anniversary to our staff who celebrated their Cottages anniversary in the month of May. We appreciate the hard work and loving care you give to our residents. We hope you share many more years with us.

21 years	-	Mark M.
12 years	-	Jocelyn H.
8 years	-	Andra H.
2 years	-	Sabine P.
2 years	-	Tenney K.
*1 year	-	Luis N.
*1 year	-	Katlyn M.
*1 year	-	Sophia O.

Cottages Home Office Cottages Home Office Cottages of Meridian Cottages of Payette Cottages of Payette Cottages of Weiser Cottages of Emmett Cottages at Lochsa Falls

\*Benchmark Anniversaries





1 Year Luis N. Caregiver The Cottages of Weiser

1 Year Katlyn M. Caregiver The Cottages of Emmett 1 Year Sophia O. Caregiver The Cottages at Lochsa Falls

## FAMILY SPRING BBQ SCHEDULE

Springtime and BBQ's go hand in hand at The Cottages! Please join us for food, fun, laughter and visiting with good friends.

All BBQ's will start at 5pm

- June 1 Middleton
- June 3 Emmett
- June 8 Boise
- June 10 Mt Home
- June 17 Meridian
- June 24 Lochsa Falls

If you have any questions, please contact your administrator!

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JUNE			_		SL	EEPC	OVER		_				_		For puzzle answers, please contact Lisa at lisa@thecottage	s.biz